



Deshae Lott Ministries Inc

CMMS minister Deshae E. Lott in 2007 founded her own non-profit charity: CMMS Deshae Lott Ministries Inc. You can learn more about it at www.deshae.org/cmms. In a letter dated August 29, 2007, the IRS granted 501(c)(3) status to CMMS Deshae Lott Ministries Inc: 170(b)(1)(A)(vi) status; we operate as a non-profit charity.

In her home Deshae facilitates hour-long weekly classes (involving discussion, prayer, and meditation) for groups of 3 to 12 persons. Remote learners are also welcome and participating. For more information, contact Deshae at deshaelott@hotmail.com or contact any board member.

BOARD OF DIRECTORS

- Barbara Jarrell, B.A.
bjarrell@shreve.net
318/797-1957
- Diane E. Boyd, Ph.D.
diane.boyd@furman.edu
864/246-0077
- Renee Beyer, R.N.
rgtk_rdb@hotmail.com

OUTREACH PROGRAM

Our Outreach Program provides financial support to persons with severe physical disabilities. Applications and award information appear at www.deshae.org/cmms

SCHOLARSHIPS

We offer scholarships to people with physical disabilities pursuing education beyond bachelor's degrees. Few existing scholarships offer financial support for people with disabilities in their pursuit for certification and degrees beyond the bachelor's level. Since students with disabilities face extra expenses related to personal care that other students do not, the scholarships can help severely disabled scholars defray such costs.

QUALITY-OF-LIFE GRANTS

We offer quality-of-life grants for people with severe physical disabilities. The amounts offered for grants is \$250 to \$500 unless funds can go directly to medical providers or to a special needs trusts existing on behalf of the applicant; such limits are otherwise necessary to avoid jeopardizing benefits and services, especially health insurance, that people currently receive or are on wait-lists to receive.

MINISTER'S SERVICES

Rev. Deshae Lott offers the following services to group participants:

- Small group meetings
- Prayer service
- Spiritual counseling
- Group blog moderation

CMMS Deshae Lott Ministries Inc is designed for adult spiritual education.

Individual courses can last as little as two weeks or as long as four months. Each course requires a commitment to meet weekly with the group and/or to follow along at the group pace but from remote locations. Weekly email messages inform participants on the basics of what transpires weekly during the meeting as well as what to read and do to prepare for the next meeting. Many meetings are recorded, and a copy of these recordings can be requested by active participants.

Counseling is available by appointment either for a single visit or for a six-week series that deals with a particular issue of concern for the counselee.

There is no fee for CMMS ministerial services.

DONATIONS

All donations made to CMMS Deshae Lott Ministries Inc are tax deductible to the fullest extent allowed by the law for 501(c)(3) non-profit organizations. We have 501(c)(3) status, particularly 170(b)(1)(A)(vi) status, and operate as a non-profit charity. Donations, bequests, devises, transfers, or gifts [under sections 170, 2055, 2106, or 2522 of the tax code] are tax-deductible.

Check donations can be mailed to:
CMMS Deshae Lott Ministries Inc.
P O BOX 9232
Bossier City, LA 71113-9232

Credit card donations can be made via PayPal; the link for such transactions can be found at <http://www.deshae.org/cmms/donations.htm>

FOUNDATION COURSES

Some principle course series include:

- Meditation Techniques
- The Evolution of Consciousness
- Prayer Consciousness
- Spiritual Healing
- A Comparison of World Religions
- What Jesus Taught
- Metaphysics of Mind

HISTORY AND BACKGROUND

The Christian Mystics & Metaphysicians Society was founded in 1990 by the Reverends Mary and Gil Saurer as a spiritual support group for individuals who experience an ongoing sense of the divine presence within, practice abstract reasoning and apply abstract ideas to practical living, and/or have had a direct encounter with God through a vision or abstract creative ideas or a sudden influx of light producing revelation. The participants discuss, study, and practice spiritual ideas, believing spiritual understanding is vital to soul evolution and that understanding emerges more rapidly through study of how the universal laws operate in the mind as well as in other fields of energy. After over 15 years of study with Mary Saurer Smith, Deshae Lott was ordained as a minister on August 4, 2006.

PURPOSE

To serve as an inspiration, influence, and guide to individuals who are seeking an uplifting path in their search for greater enlightenment

MISSION

To assist and encourage people in their search and discovery of greater spiritual realization through small discussion or study

groups, meditation groups, and individual spiritual guidance or counseling

BELIEFS

We believe that the study and practice of both mysticism and metaphysics are fundamental to a balanced development process of increasing enlightenment on every spiritual path. We believe that the Master Teacher Jesus taught foundation principles of both mysticism and metaphysics as a unified path to complete enlightenment and beyond.

PROCESSES AND RESULTS

- Practice transcendental meditation daily as a private acceptance of God's presence; you increase your awareness of God and love for God and realization of your own divinity; this results in inner peace and agape.
- Keep your mind healthy and productive through observation and study of natural laws and contemplation of their application; you increase your understanding of how metaphysical laws apply to all action (internal and external) and practice applying your understanding; this results in self-esteem and enthusiasm for living.
- Emulate the nature of God as much as you comfortably can; perfect your character by creating your own standard of behavior and honoring it both inwardly (thinking/feeling/attitude) and outwardly (speech, choice, response, behavior); upgrade that standard or "inner program" as you find errors in it; make a habit of

being a living expression of your new standard; this is being true to yourself/having integrity as you evolve; design your life style to offer the greatest potential for being true to yourself; break that habit when you desire to change your lifestyle; this results in progressive character development.

- Honor God's plan by seeking enlightenment through meditation, study, contemplation and application as long as there is more to know and become; study the nature of all that is good; this results in revelation upon revelation, realization upon realization and expansion of divine knowledge in you.
- Pray to God frequently as a creative expression of partnership with God; contribute to God's divine plan by choosing to continue your individual soul evolution; this results in your greatest contribution to life and all that is in it.
- Live in a way that is true to yourself and true to what you understand of God's expectation of you; this results in self-approval and harmony with all that is compatible with you.

The progressive transformation process is sometimes painful and sometimes ecstatic, but the end result, absolute enlightenment, fulfills all your abstract desires and produces an inner stream of happiness that cannot be lost or forgotten, regardless of your experiences in this world or another.